

SWORD Meeting Minutes Approved 6/14/23

May 10th, 2023

Zoom

Attendees:

Voting members	Attendance	Proxy
(Chair) Steve Garchar, Dolores County Commissioner	Present	
(Vice Chair) Andrea Phillips, Pagosa Spring Town Manager	X	
(Treasurer) Adam Rogers, Finance Director, La Plata County	X	Marsha Porter Norton
(Secretary) Erin Hyder, Durango Assistant City Manager	Present	
Austin Lashley, San Juan County Commissioner	X	
Bob Brammer, Durango Police Chief	Present	
Bobbi Lock, Montezuma County Public Health Director	X	
Chauncey McCarthy, Rico Town Manager	Present	
Jessica Thurman, Montezuma County Community & Economic Development Coordinator	X	
Justen Goodall, Mancos Marshall	X	
Laurel Shafer, Montezuma County Public Health Assistant Director	Present	
Malynda Evans, Dolores County Social Services Director	X	
Marsha Porter-Norton, La Plata County Commissioner	Present	
Martha Johnson, La Plata County Department of Human Services & San Juan County Department of Social Services Director	Present	
Nathaniel Baca, 6 th Judicial District Court Judge	X	
Ronnie Maez, Archuleta County Commissioner	X	

Advisory Members	Attendance
Brandon Mencini, CEO, Centura-Mercy	Present
Breeah Kinsella, Executive Director, Colorado Providers Association	X
Christal Dye, Executive Director, Mothers Against Prescription Drug Abuse	X
Donna Mae Baukat, Co-founder, Community Compassion Outreach	X
Dr. Kent Aikin, Retired Physician, Community Member	X
Dr. Will Finn, Physician, Southern Ute Indian Tribe	Present
Haley Leonard Saunders, Sr. Director of Development/PIO, Axis Health System	Present
Imo Succo, Program Manager, SW Colorado Area Health Education Center	X
Kelly DiGiacomo, Therapist, La Plata Family Therapy	Present
Martha Tinsley Minot, Retired County Court Judge, Community Member	X

Facilitator & Guests
Heather Otter & Laura Lewis Marchino, Region 9 EDD, SWORD Facilitators
Doty Shepard, Resilient Colorado (presenter)
Eric Barker, CO Consortium for Prescription Drug Abuse Prevention
Haley Leonard-Saunders, Axis Health System (voted in as a SWORD advisory member today)
Jennifer Miller, Centura-Mercy
Jessica Eaddy, CO Consortium for Prescription Drug Abuse Prevention
Paul Reich, Axis Health System

- Commissioner Steve Garchar, Chair, called the meeting to order at 2:34pm.
- Members and guests were welcomed and introduced.
- A quorum was established.

I. Approval of Minutes from 04-12-2023

- **Secretary Erin Hyder motioned to approve the April 2023 minutes as distributed. Chair Steve Garchar seconded. Approved unanimously.**

II. Updates

- **Feasibility Study:** HMA will present high level findings and recommendations at the meeting on June 14th, 2023. SWORD members will have the opportunity to ask questions during the meeting. SWORD members will have an opportunity to provide feedback to HMA prior to publishing the final report. The final report is slated for completion by the end of June 2023.
- **Trauma Informed Care and Youth Resiliency Workshop:** Heather Otter announced the Trauma Informed Care and Youth Resiliency Workshop being held at the Mancos Public Library on May 18th from 10am to 1:30pm. Doty Shepard from Resilient Colorado and Linda Hardman will offer information, discussion, and proven strategies for addressing trauma and resiliency in individuals, families, schools, workplaces, and communities.

III. SWORD Member Nominations, Appointments, Resignations:

- Stacie Russell nominated Haley Leonard-Saunders as her replacement (via email to Heather Otter). Haley's interest form and resume were provided to SWORD members prior to this meeting for review.
- No other nominations were brought forth.
- **Commissioner Marsha Porter Norton motioned to approve the nomination to appoint Haley Leonard-Saunders as a non-voting, advisory member. Martha Johnson seconded. Approved unanimously.**

The following resignations were acknowledged:

- Non-voting, advisory member Ed Fields
- Non-voting, advisory member Stacie Russell

IV. Trauma Informed Care Presentation

- Doty Shepard, Co-founder, and Executive Director of Resilient Colorado presented on Trauma Informed Care, what it is, what it is not, and how SWORD might integrate the principles into decision making around opioid and substance use disorder abatement strategies. SWORD members and guests asked questions and Doty addressed them throughout the presentation. A guiding question for the group was, what do you wish you knew about trauma informed care? Some resources related to the topics presented were recommended throughout the presentation by Doty and by SWORD members and guests including:
 - www.resilient-colorado.org
 - Gabor Mate's new book The Myth of Normal
 - Bruce Perry's book titled What Happened To You - audio book recommended. It is free in Colorado libraries.
 - Colorado Agricultural Addiction and Mental Health Program <https://www.caamhpforhealth.org/>
 - <https://agwell.org/about/>
 - Impact of trauma on health pyramid www.samhsa.gov

V. Wrap Up & Next Steps:

- Please complete the survey provided by HMA Consultants if you haven't already. Share with anyone in your network that you feel should contribute to the data collection for our feasibility study. Heather Otter provided a link via email.
- The first SWORD Futures meeting will occur via Zoom on May 11th at noon. SWORD members are bringing ideas to the table for the next phase of facilitation, committee structure, funding decisions, and project management once the feasibility study is complete.

- Next SWORD meeting – June 14th at 2:30pm via Zoom. Recurring calendar invites have been sent for the 2nd Wednesday of each month.

Meeting adjourned at 4:02pm

Minutes prepared by Heather Otter